



THE J.M. SMUCKER Co

# Very Berry Parfait

**Prep Time Cook Time Serves Difficulty**

5 mins    N/A    4    N/A

## Ingredients

- 2 cups (500 mL) frozen mixed berries
- 1/2 cup (125 mL) vanilla yogurt
- 1 can (354 mL) **Carnation®** Regular, 2% or Fat Free Evaporated Milk

Fat Free Evaporated Skim Milk

- 1 tsp (5 mL) vanilla extract
- honey to taste

## Directions

### Step 1:

Place ingredients in blender.

### Step 2:

Process at high speed until smooth, pulsating a few times to break up pieces of fruit.

## Images

